

# PRINCESS

- **Parent Participation (1-3 years old)**
  - **Adventures**
    - Elsa's Magical Snowstorm - Bubblestorm
    - Enchanted Forest - Rainforest
  - **Big Deals** (paired with swing/ring time, adventure, or skill stations)
    - Royal Carriage Rides - Train or Snowdish Rides
    - Magic Carpet Swing
  - **Games**
    - Coronation Day Dance - Musical Mat
    - Find the Crown Jewels - Find the Beanbag
    - Poison Apple - Hot Potato
    - Magical Mat - Musical Mat
    - Clean Up the Dwarves' House - Clean Up Your Room
    - What Time is it Fairy Godmother? - Mr. Fox
    - Olaf's Snowball Fight - Over the Net , can use hotdog instead of mat
  - **Song/Dance/Puppet**
    - Floor is Lava - Kiboomers (polyspots, riverstones, arrows, etc.)
    - Elsa's Three Little Snowmen
    - Wish Upon a Star - Twinkle Twinkle
    - Royalty Tip Toe Dance - Tip Toe
  - **Skill Stations**
    - Cinderella's Pumpkin Rides - Tumble Form
    - Rapunzel's Tower - Firefighter's Ladder
    - Beam with Ribbon Stick
    - Magic/Flying Carpet (younger - gyms)
- **Independent (4-10 years old)**
  - **Relays/Games**
    - What Time is it Fairy Godmother? - Mr. Fox
    - Ursula's Octopus Tag/Elsa's Frozen Tag - Ninja Tag
    - Elsa's/Frozen Snowball Fight - Over the Net or Snowball Fight
    - Through the Enchanted Forest - Hanging Bolster Relay
    - (Ariel's) Ship to Shore
    - Princess/Prince Says - Simon Says

- Elsa's Ice Skating Relay
- Royal Statues/ Royal Museum/Elsa's Frozen Museum - Museum Game
- Floor is Lava
- Castle Door Relay - Hanging Bolsters Relay or Parachute Relay
- Haunted Castle - Monster Thru the Walls
- Fairytale Animal Relay
- Cinderella's Clean Up - Clean Up Your Room
- Peter Pan's Pirate Relay
- Princess & Prince Training - Obstacle Course
- Rapunzel Pull - Tug of War
- Coronation Day Dance - Musical Mat or Musical Hoops
- Steal the Dragon's Jewels
- Jumbo Crown (Hoop) Relay
- Hei Hei's Mayhem - Everyone's It (Moana-themed scarf tag)
- Find the Crown Jewels - Find the Beanbag
  
- **Skill Stations**
  - Beam with Ribbon Stick
  - Magic/Flying Carpet (older - Ninja jr.)
  - Escape Rapunzel's Tower - Firefighter's Ladder
  - Storm the Castle/Save the Princess Obstacle Course - MAJOR OBSTACLE: Castle Warped Wall , MINOR OBSTACLES: Super Tunnel , Riverstones
    - Can also make your own obstacle course using Ninja obstacles/gymnastics skills from weekly curriculum for convenience!